

# JACKSBORO INDEPENDENT SCHOOL DISTRICT

## Jacksboro Elementary School Breakfast & Lunch Menus

Monday	Tuesday	Wednesday September 1st, 2010	Thursday September 2nd, 2010	Friday September 3rd, 2010
		Golden Waffles "Coca Puffs" Cereal Bowl Majestic Pears, Juice, Milk  Beef & Bean Burrito or Garden Pasta Salad or Energy Meal w/Ham & Cheese  Mexicali Corn, Spanish Rice, Majestic Pears, Carrot Sticks, Cookie, Slushy, Milk	Biscuit w/Sausage Gravy "Lucky Charms" Cereal Bowl Mandarin Oranges, Juice, Milk  Tyson Chicken Tenders or Crispy Chicken Salad or Energy Meal w/Turkey & Cheese  Mashed Potatoes, Pinto Beans, Hot Roll, Mandarin Oranges, Slushy, Milk or Water	Pancake Sausage on a Stick or "Trix" Cereal Bowl Strawberry Jell-O, Juice, Milk  Tony's Pizza or Chef Salad or Energy Meal w/Po-Boy  Dinner Roll, Broccoli Cheese & Rice, Lime Jell-O, Chocolate Chip Cookies, Slushy, Milk
Monday September 6th, 2010	Tuesday September 7th, 2010	Wednesday September 8th, 2010	Thursday September 9th, 2010	Friday September 10th, 2010
<b>NO SCHOOL</b>	Breakfast Kolache Orange Juice, Variety of Milk  Chicken Patty on a Bun or Grilled Chicken Salad or Energy Meal w/Turkey & Cheese  Seasoned Green Beans, Tossed Green Salad, Apricots Crisp, Slushy, Milk	Silver Dollar Pancakes Apple Juice, Variety of Milk  Cheese Enchiladas or Garden Pasta Salad or Energy Meal w/Ham & Cheese  Spanish Rice, Charra Beans, Majestic Pears, Cookie, Slushy, Milk	Sausage & Biscuit Orange Juice, Variety of Milk  "Ball Park Hot Dogs or Crispy Chicken Salad or Energy Meal w/Turkey & Cheese  Baked Beans, Curly Fries Pasta Salad, Mandarin Oranges, Slushy, Milk	Breakfast Cereal Bar Apple Juice, Variety of Milk  Tony's Pizza or Chef Salad or Energy Meal w/Po-Boy  Hot Roll, Broccoli Cheese & Rice, Blueberry Jello, Chocolate Chip Cookie, Slushy, Milk
Monday September 13th, 2010	Tuesday September 14th, 2010	Wednesday September 15th, 2010	Thursday September 16th, 2010	Friday September 17th, 2010
Breakfast Muffin Apple Juice, Variety of Milk  Chef Boyardee Ravioli or Italian Antipasto Salad w/Salami or Energy Meal w/Bologna & Cheese  Hot Roll, Green Peas, Cookie, Original Applesauce, Slushy, Milk	Quaker Breakfast Bar Orange Juice, Variety of Milk  Frito Chili Pie or Grilled Chicken Salad or Energy Meal w/Turkey & Cheese  Seasoned Green Beans, Sliced Carrots, Apricot Crisp, Celery Dippers Slushy, Milk or Water	Golden Waffles Apple Juice, Variety of Milk  Soft Chicken Tacos or Garden Pasta Salad or Energy Meal w/Ham & Cheese  Spanish Rice, Mexicali Corn, Lettuce & Cheese, Majestic Pears, Cookie, Slushy, Milk	Chicken & Biscuit Orange Juice, Variety of Milk  Famous "Sloppy Joe" or Crispy Chicken Salad or Energy Meal w/Turkey & Cheese  Macaroni & Cheese, Baked Beans, Broccoli Raisin Salad, Mandarin Oranges, Slushy, Milk or Water	Breakfast Cereal Bar Apple Juice, Variety of Milk  Tony's Pizza or Chef Salad or Energy Meal w/Po-Boy  Broccoli & Cheese Rice, Hot Roll, Strawberry Jell-O, Chocolate Chip Cookie, Slushy, Milk
Monday September 20th, 2010	Tuesday September 21st, 2010	Wednesday September 22nd, 2010	Thursday September 23rd, 2010	Friday September 24th, 2010
Breakfast Muffin Apple Juice, Variety of Milk  Steak Fingers w/Gravy or Italian Antipasta w/Salami or Energy Meal w/Bologna & Cheese  Green Beans, Tossed Salad, Mashed Potatoes, Roll, Chocolate Chip Cookie, Original Applesauce, Juice, Milk	Breakfast Kolache Orange Juice, Variety of Milk  Tyson Chicken Patty w/Gravy or Grilled Chicken Salad or Energy Meal w/Turkey & Cheese  Scalloped Potatoes, Carrot Sticks, Whole Kernal Corn, Apricot Crisp, Slushy, Milk or Water	Silver Dollar Pancakes Apple Juice, Variety of Milk  Chicken Fajitas or Garden Pasta Salad or Energy Meal w/Ham & Cheese  Spanish Rice, Charra Beans, Lettuce & Cheese, Majestic Pears, Cookie, Slushy, Milk	Sausage & Biscuit Orange Juice, Variety of Milk  Cheeseburger or Crispy Chicken Salad or Energy Meal w/Turkey & Cheese  Dill Pickle Spears, Baked Beans, Seasoned French Fries, Mandarin Oranges, Slushy, Milk	Breakfast Cereal Bar Apple Juice, Variety of Milk  Tony's Pizza or Chef Salad or Energy Meal w/Po-Boy  Dinner Roll, Broccoli Cheese & Rice, Orange Jell-O, Chocolate Chip Cookies, Slushy, Milk
Monday September 28th, 2010	Tuesday September 29th, 2010	Wednesday September 30th, 2010	Thursday September 31st, 2010	Friday
Breakfast Muffin Apple Juice, Variety of Milk  Italian Spaghetti w/Meat Sauce Italian Antipasto Salad w/Salami or Energy Meal w/Bologna & Cheese  Hot Roll, Green Beans, Chocolate Chip Cookie Original Applesauce, Slushy, Milk	Quaker Breakfast Bar Orange Juice, Variety of Milk  Corn Dog or Grilled Chicken Salad or Energy Meal w/Turkey & Cheese  Macaroni & Cheese, Baked Beans, Celery Dippers, Apricot Crisp, Slushy, Milk or Water	Golden Waffles Apple Juice, Variety of Milk  Beef & Bean Burrito or Garden Pasta Salad or Energy Meal w/Ham & Cheese  Mexicali Corn, Spanish Rice, Majestic Pears, Carrot Sticks, Cookie, Slushy, Milk	Chicken & Biscuit Orange Juice, Variety of Milk  Tyson Chicken Tenders or Crispy Chicken Salad or Energy Meal w/Turkey & Cheese  Mashed Potatoes, Pinto Beans, Hot Roll, Mandarin Oranges, Slushy, Milk or Water	
<b>GO TIGERS!</b>	<b>GO TIGERETTES!</b>	<b>CHILD NUTRITION DEPARTMENT</b> <b>"MENU SUBJECT TO CHANGE"</b> *Meal Benefit Applications * are available in the school cafeteria or office. For more information on the School Nutrition Department, please visit our website at <a href="http://www.Jacksboroisd.net">www.Jacksboroisd.net</a> . Menus are subject to change.  In accordance with Federal law & U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.		